

WEEK 1



MONDAY



TUESDAY



WEDNESDAY



THURSDAY



FRIDAY



DAILY FAVOURITES...

Tomato Pasta  
or
Sandwiches
with a choice of fillings

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or
Sandwiches
with a choice of fillings

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or
Sandwiches
with a choice of fillings


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or
Sandwiches
with a choice of fillings



Tomato Pasta  
or
Sandwiches
with a choice of fillings

Jacket Potato
with a choice of fillings 

Jacket Potato
with salmon mayo 

Jacket Potato
with a choice of fillings 

Jacket Potato
with a choice of fillings 

Jacket Potato
with a choice of fillings  

Try something different!

Trying new and different foods is a great way of getting all the nutrition your body needs

Allegra's Chicken Filo Pie with Mashed Potato

A delicious light filo pastry topped chicken pie

Roast Turkey with Roast Potatoes & Gravy

Roast turkey with fluffy roasties and tasty gravy

Favourite Beef Lasagne with a Garlic & Herb Bread Wedge

A classic Italian beef lasagne in a yummy tomato sauce

HOT SPECIALS...

Burrito 

A soft wrap filled with lightly spiced veggies and rice

Veggie Korma with Bombay Potatoes 

A Veggie version of the classic mild Korma, with yummy lentils and chickpeas

Sweet Potato and Chickpea Roast with Roast Potatoes and Gravy  



A chunky sweet potato and chickpea roast

Butternut Squash and Tomato Bake with Rice  

A delicious butternut squash and tomato bake served with rice

Southern Fried Chicken Tasters with Chips

Lightly seasoned crispy chicken strips and scrummy chips

Vegetable Supreme Pizza with dough balls  

Cheesy tomato pizza slice topped with sweetcorn and peppers

Available every day!

Cool water

Salad

Freshly baked bread

Yoghurt

Fresh fruit



Meat-free Dippers and Chips 

Crispy Quorn dippers with their fave sauce - ketchup

SIDES...

Fresh Carrots and Sweetcorn

Peas and Fresh Broccoli

Fresh Carrots and Fresh Cabbage

Fresh Broccoli and Sweetcorn

Baked Beans Fresh Carrots and Peas

PICK A PUD!

Raspberry Ripple Ice Cream
with Fruit Slices

Secret Brownie

Shortbread Biscuit
with Fruit Slices

Berry & Peach Oaty Crumble
with Custard


Orange, Sultana & Carrot Slice





SALADS...

A Selection of Fresh Salads
Including Lettuce, Cucumber, Tomato, Grated Carrot, Sweetcorn and Potato Salad



WEEKS COMMENCING;
30/08, 20/09, 11/10, 01/11,
22/11, 13/12, 03/01, 24/01,
14/02, 07/03, 28/03, 18/04

Look out for these symbols for our super healthy dishes:  Nutritionist's Choice

 Vegetarian  Wholegrain  Oily fish  Fruity!

Allergy? Speak to our kitchen for help

